



**SAI KUNG
FIRST AID**



KING GEORGE V SCHOOL
ECA PROGRAMS – TERM 3 2025/2026
CPR/FIRST AID ECA

ECA/CLUB COURSES

CPR



EFR Primary & Secondary Care & Care for Children Course

The Combined Primary and Secondary Care/ Care For Children/AED Course will both include CPR, AED, and first aid skills through knowledge development, skill development and realistic scenario practise. It will also teach you the differences in techniques and procedures when facing emergencies involving Adults, children or infants In that way, you will gain the confidence in ability to provide care when emergency situations arise. They'll also receive a certification CPR/First Aid which is valid for 2 years and is valid for a number of applications from HKAYP or CAS programs, job or coaching requirements or advanced PADI dive courses such as Rescue Diver.

ECA/CLUB COURSES

CPR



EFR Primary & Secondary Care & Care for Children Course

CORE SKILLS

Scene Assessment, Barrier Use, Primary Assessment, Cardiopulmonary Resuscitation (CPR), Serious Bleeding Management, Shock Management, Spinal Injury Management, Conscious and Unconscious Choking Management and AED use. Injury Assessment. Illness Assessment, Bandaging, Splinting for Dislocations and Fractures.

In addition to these core skills we also review the laws in HK that protect the responder, how to overcome hesitations and the standards and procedures for treating illnesses and injuries including:

Temperature related illnesses, Seizures, Diabetic problems, allergic reactions, animal bites & stings, eye injuries, poison management, asthma, first aid kit Assembly & Maintenance.

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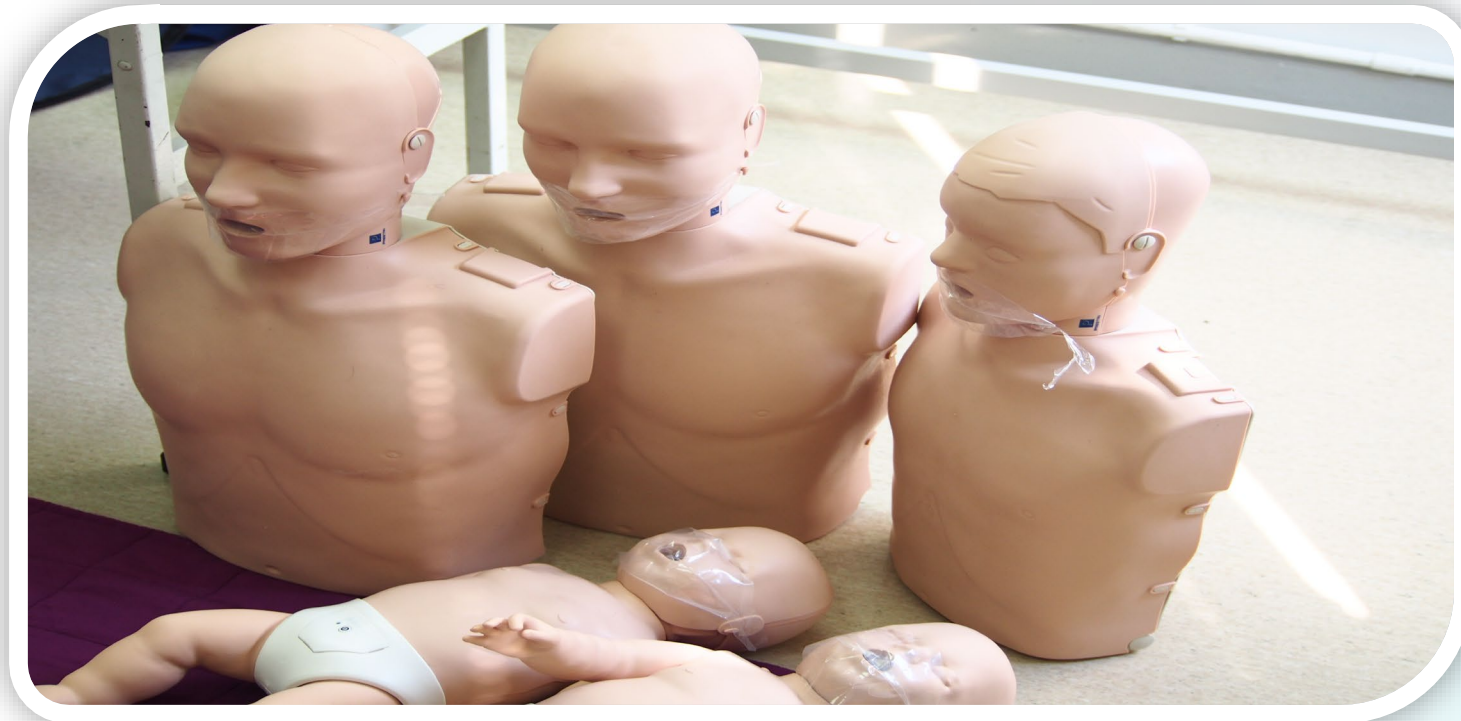
Finally, after their skills are mastered comes the fun part- the scenarios! Using various locations around your school, we set up 'real life' emergency scenarios that challenge the students to put their skills into action. This is first done on a smaller, individual scale, so that students can experience how to handle emergencies on their own; and then in a group setting with larger scale accidents, where they'll learn to work together to help delegate responsibilities prioritize care.

Whilst its all good fun and exciting (and never too gruesome!) we keep the situations as real as possible whilst in a safe and controlled environment.



PROGRAM SET UP

	TIME RANGE	PROGRAM RANGE	PRICE	MIN/MAX PARTICIPANTS
ECR PROGRAM	1 HOUR	9 WEEKS	\$2,655 (\$295 PER SESSION)	4 - 21



PROGRAM TIMETABLE

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
THEORY SCENE ASSESMENT	PRIMARY ASSESMENT BARRIER CONTROLS	ADULT CPR RESCUE BREATHS	CHILD CPR INFANT CPR	AED ADULT/CHILD CHOKING CONTROL	MAJOR BLEEDING CONTROL/TOURNIQUET
WEEK 7	WEEK 8	WEEK 9			
SHOCK MANAGEMENT SPINAL INJURIES	INJURY ASSESMENTS ILLNESS ASSESSMENT	SPLINTING & SLINGS SCENARIOS			

GENERAL NOTES

PADI & EFR Qualifications will only be received upon completion of all theory and practical modules

All diving and mermaid applicants must complete medical & liability forms before ECA program begins

Make-Up sessions to take place during scheduled classes organized by Sai Kung Scuba & Sai Kung First Aid

Course costs includes all training, certification, equipment and instructor staff

Aquanauts will be in charge of all bookings, program timetabling and liaison with the school. Sai Kung Scuba & Sai Kung First Aid will supply all necessary instructors for each course

All necessary liability insurance, PADI Certification and administration to be handled through Sai Kung Scuba. Sai Kung Scuba is a registered PADI Dive Centre & EFR Training Centre (#27632)

Sai Kung Scuba is a brand under Sai Kung Industries Ltd.

